

# IMPROVISATION AND DREAMING: EXPLORING THE NONCONSCIOUS THROUGH MUSIC WITH BRADLEY VINES

Sunday, December 3, 2 - 4 pm

**REGISTER**



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Event Type

Workshop

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Department

Health, Theory and Improvisation

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Day

Sun

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Instructor

Bradley Vines

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Status

online event

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Join us for an illuminating journey into the realms of improvisation and dreaming, where music becomes a gateway to understanding the depths of the nonconscious mind. In this unique workshop, we delve into the shared neurobiology of improvisation and dreaming, uncovering their connections and enriching your musical practice with insights from the science of dreams.

Workshop Highlights

**Therapeutic Potential Revealed:** Discover cutting-edge research exploring how dreaming contributes to psychological well-being and what these findings reveal about improvisation. **Your Narrative Mind:** Explore how narrative cognition shapes dreams and intriguing parallels with improvisation and musical experience more broadly.

Theory meets Experience: Engage in guided experiments that bridge neuroscience research with your own musical practice. Whether you play an instrument or sing, you'll have an opportunity to traverse the uncharted territories of the nonconscious mind.

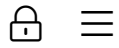
**Who Should Attend:** Curious minds, musicians, artists, and listeners intrigued by the interplay between improvisation and dreaming. No matter your background, this workshop invites you to uncover the mysteries of the nonconscious that underlie musical creativity.

About Dr. Bradley Vines, PhD, MBA

Dr. Vines is a cognitive neuroscientist specializing in music emotion, perception, and performance, and a saxophonist. He holds a Ph.D. in Experimental Psychology from McGill University, an M.B.A. from the University of Oxford, and a B.A. in Cognitive Science from UC Berkeley. He has postdoctoral research training in the Department of Neurology at Harvard Medical School and the Center for Mind and Brain at UC Davis, and has been a Research Associate and Lab Director at the Institute of Mental Health in the University of British Columbia Department of Psychiatry. Bradley has received competitive grants for his research from the GRAMMY Foundation, the National Institutes of Health (NINDS), and the Michael Smith Foundation for Health Research. He has 26 academic publications to his name, which have been cited in the literature more than 2,700 times and referenced in major media outlets including the New York Times, US News and World Report, and Businessweek. His published work includes research on music for stroke recovery, the epigenetics of music learning, multisensory integration in the perception of music, neuroplasticity in fine motor coordination, and pitch memory. He led research on music for psychedelic therapy as Chief Science Officer at Wavepaths and conducted research on music in advertising and sonic branding as Director of Neuroscience at Nielsen. He currently teaches Music Cognition for Berklee College of Music Online and hosts The Neuroscience of Improvisation, which is a program exploring the experience of improvisation from the perspective of neurobiology.

As a saxophonist, Bradley studied jazz improvisation in the William Paterson University Jazz program and privately with Gary Smulyan, Paul Nedzela, Noel Scott, and Allaudin Mathieu. He has also studied South Indian Carnatic music with several prominent musicians in that

Steve Turre, in a variety of venues including TOSHIS Oakland and Zellerbach Hall.



# Improvisation and Dreaming: Exploring the Nonconscious Through Music with Bradley Vines

This is an online event, meeting in real-time, via ZOOM. Note: All listed times are Pacific Time (PT). Once you've registered, we will email you the login instructions approximately 24 hours prior to the start of the event.

Sunday, December 3, 2 - 4 pm

Doors Open: 2:00 PM   Starts: 2:00 PM   Ends: 4:00 PM

General Admission

PRICE   FEES   QTY

Advance Purchase  
Gen - Neuro

~~60.00~~  
45.00

1.80

REGISTER

ALL PRICES IN USD

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2087 Addison Street

Berkeley, CA 94704

510.845.5373

cjc.edu

info@cjc.edu

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